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2 **Global Famine in Abrupt Sunlight Reduction Scenarios**

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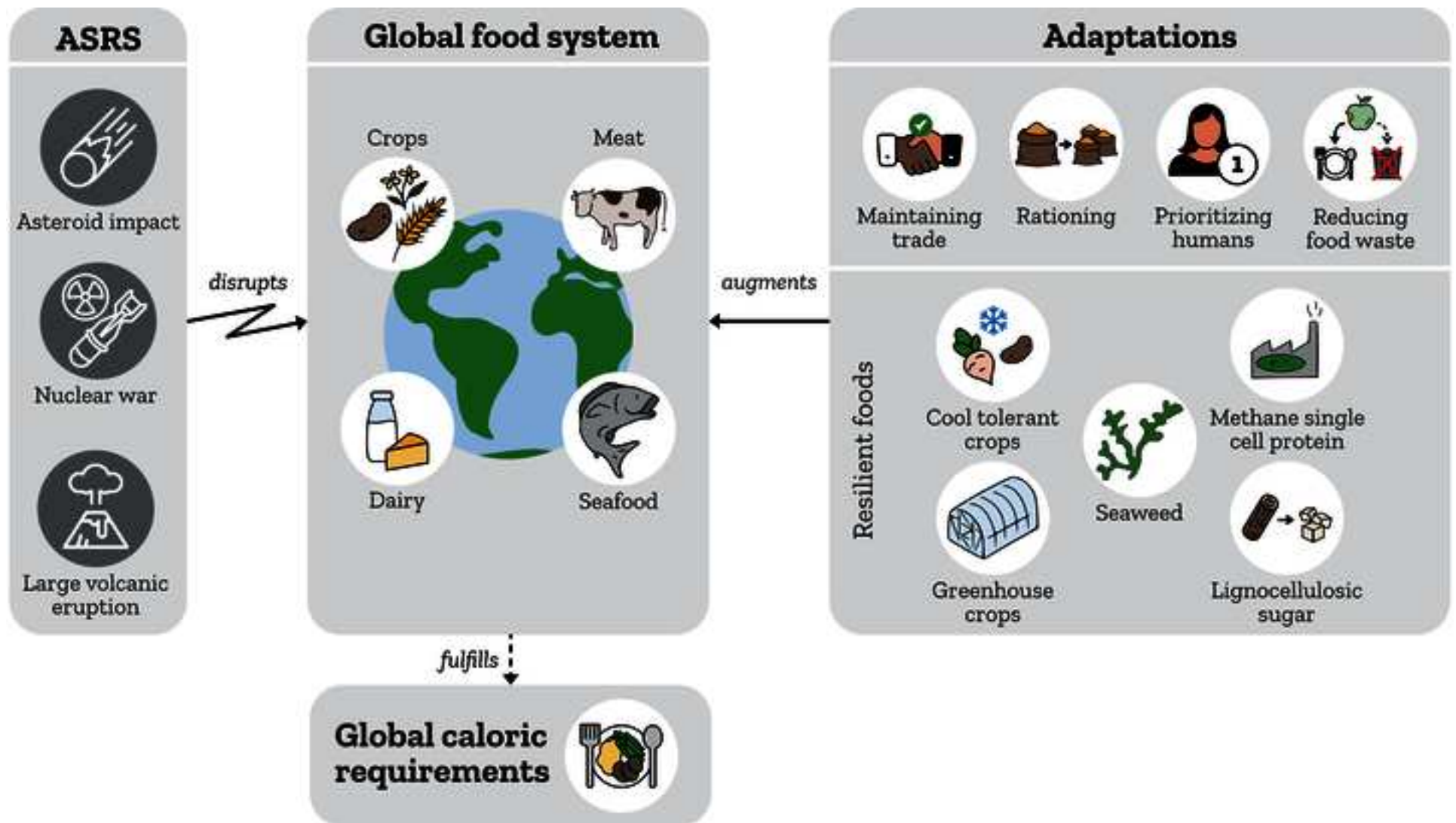
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# Food System Adaptation and Maintaining Trade Could Mitigate Global Famine in Abrupt Sunlight Reduction Scenarios

## Abstract

After a major nuclear war, volcanic eruption or asteroid or comet impact that causes an abrupt sunlight reduction scenario, agricultural yields would plummet. We analyzed a nuclear winter scenario involving the injection of 150 Tg of soot in the stratosphere using a linear optimization model with and without global food trade. We investigated the effects of loss of global trade, some simple adaptations like rationing and storage of excess food for the coldest years, and rapid, large-scale deployment of food sources which are less dependent on present day climate (so called resilient foods) including cool tolerant crops, methane single cell protein, lignocellulosic sugar, greenhouse crops, and seaweed. In the worst case of no global trade and no adaptations, the model predicts a global famine. However, scaling up resilient foods quickly could mitigate this for many countries. Maintaining global trade would further alleviate pressure on local food systems, unlocking the potential to feed the entire global population. However, insufficient preparation, post-disaster conflict, or economic collapse would worsen outcomes and hinder adaptation.

## 1 Introduction

Global food production is vulnerable to catastrophic events which cause a widespread and rapid reduction in sunlight reaching the surface of the Earth. We label these *abrupt sunlight reduction scenarios* (ASRSs). At least three mechanisms for ASRS have been identified: extreme volcanic eruption<sup>1,2</sup>, large bolide (asteroid/comet) impact<sup>3,4</sup>, and nuclear war<sup>5,6</sup>. In these scenarios, an enormous sudden injection of aerosol material such as sulfates or soot (black carbon) can occur, causing multi-year reductions in global temperature, solar irradiation, and precipitation, leading to a global catastrophic food failure. Large bolide impact is estimated at a likelihood of  $\sim 0.0001\%$  per year<sup>7</sup>, supervolcano eruption at a likelihood of  $\sim 0.01\%$  per year<sup>8</sup>, and though more uncertain, nuclear war has been estimated at a likelihood of  $\sim 1\%$  per year<sup>9-11</sup>.

In the event of a full-scale Russia-US nuclear war, starting in the month of May with 4,400 non-overlapping detonations of 100 kT (kilotonnes of TNT equivalent) over cities, the subsequent firestorms could cause 150 Tg of soot to be injected into the stratosphere, causing a nuclear winter<sup>12</sup>. This is considered a worst-case plausible shock to the global climate due to nuclear war<sup>5</sup>. By the end of the second year, average global reductions over croplands would be 16°C, solar radiation by 85%, and precipitation by 68%<sup>5,12</sup>. Xia et al. (2022)<sup>12</sup> have estimated an 89% reduction in global crop production and a global fatality rate of 75% due to starvation in the 150 Tg nuclear winter. The primary difference between the 150 Tg nuclear winter (“the nuclear winter”) and a comparable volcanic eruption is the higher-altitude lofting in the stratosphere of soot emanating from firestorms induced from the nuclear blast, which prolongs the nuclear winter to up to 10-15 years<sup>13</sup>.

39 Prevention of a nuclear winter is unambiguously the best outcome. However, according to the  
40 “three layers of defense” model of existential risk, a comprehensive strategy should include  
41 prevention, response and resilience<sup>14</sup>. In this paper we investigate the feasibility of response  
42 and resilience approaches to an extreme nuclear winter, in line with “Our Common Agenda”  
43 outlined by the United Nations, calling for “defining, identifying, assessing and managing  
44 existential risks”<sup>15</sup>.

45 There exists no research which comprehensively assesses the effectiveness of global food  
46 system adaptations over a wide range of assumptions in an ASRS. In this paper we assess both  
47 food conservation solutions (conventional sectors of the food system used efficiently) and  
48 resilient foods (major new sectors of food production which are resilient to the colder climate  
49 after a nuclear war, to compensate for reductions in conventional food production). Food  
50 conservation solutions include the prevention of a breakdown in international food trade,  
51 rationing of stored food for the coldest years, the halting of animal feed and biofuel  
52 production, the reduction of food waste, and halting livestock breeding for meat. We also  
53 model resilient foods, including cool tolerant crops, methane single cell protein (SCP)<sup>16</sup>,  
54 lignocellulosic sugar<sup>17</sup>, greenhouse crops<sup>18</sup>, and seaweed<sup>19</sup>, finding them to produce large  
55 quantities of nutritionally adequate<sup>20</sup> food in the nuclear winter scenario. We perform these  
56 assessments using data from estimated crop, marine fish, and grassland reductions in  
57 conjunction with publicly available data on the food system in 2020. We then run a series of  
58 linear optimization model simulations for each country and globally (in the case of continued  
59 food trade), which estimates month-by-month caloric production and losses in the first 10  
60 years of the nuclear winter.

## 61 Scope and Limitations

62 We specifically model nuclear winter in this work, but results are generally applicable to other  
63 ASRSs, like a volcanic winter. The model focuses on the food system only and does not account  
64 for other possible effects of a nuclear war like breakdown of international financial systems,  
65 loss of non-food trade (including agricultural inputs such as fertilizer and seeds), loss of solar  
66 dependent energy (photovoltaics, wind power, etc), freezing of infrastructure (e.g. water and  
67 sewer pipes), or political effects, which are left for upcoming research. We model a variety of  
68 adaptations to nuclear winter both with and without food trade. The purpose of this study is to  
69 determine whether sufficient food system adaptation is possible in an ASRS in principle, even if  
70 global food trade were to halt entirely. Results indicate that producing enough food to prevent  
71 global famine is unlikely if food trade breaks down but plausible if it remains, as long as  
72 resilient food adaptations are deployed en masse. This investigation provides a foundational  
73 scenario to examine political and economic implications in future research.

## 74 2 Results

75 A set of linear optimizations is used in each scenario to determine the quantity and timing of  
76 the consumption of available food resources over the duration of the nuclear winter, reducing  
77 starvation while prioritizing preferred foods to humans, and increasing production as the next

78 priority. These linear optimizations are run once for the globe if international food trade  
 79 continues (*trade*), and once for each country in the case of no food trade. The caloric needs  
 80 met reported below indicate the expected percentage of the population under consideration  
 81 that could be fed the minimum recommended caloric consumption of 2,100 kcals per capita  
 82 per day<sup>21</sup>, with all others in that population receiving no food. Due to this paper's exclusive  
 83 focus on food production and food losses with and without trade, deaths from direct effects of  
 84 the blasts, infrastructure loss, continuing conflict and food riots, migration, hoarding, and  
 85 economic collapse were not incorporated into the estimate. These factors likely mean that the  
 86 reported percentage of needs met should be considered an upper bound on the population  
 87 that would survive the famine, especially in the case of no food *trade*.

88 We list adaptations considered in Table 1. We construct each scenario by adding some number  
 89 of these adaptations to the scenario with no adaptations.

90 **Table 1. Food system adaptations**

91 Nine feasible adaptations have been identified to mitigate famine by increasing the likelihood that  
 92 sufficient macronutrients would be available to meet human needs. Resilient foods have been selected  
 93 for their potential to scale quickly, be affordable, and provide sufficient calories. While all adaptations  
 94 listed are plausible, some require international preparation by governments and global agribusiness,  
 95 increased government regulation, continued economic functioning such stable currencies and  
 96 functioning banks and financial institutions, or sufficient institutional capacity to support new sectors of  
 97 the economy. Therefore, this analysis can be seen as a best case response to ASRSs.

Category	Adaptation	Definition
Food Conservation Solutions (conventional sectors of the food system used more efficiently)	<i>trade</i>	The prevention of a loss of international food trade.
	<i>simple adaptations</i>	Redirection of human edible foodstuffs from biofuels to humans 6 months after onset and redirection of human edible animal feed to humans 12 months after onset; immediate reduction in food waste from between 24 and 29% to between 6 and 10% of production due to an assumed tripling of global food prices, and a sharp reduction in retail waste.
	<i>rationing</i>	Rationing of food stocks carried into the disaster, early food production, and meat so that they are stored until their consumption in the coldest years of the nuclear winter. Preservation of meat, e.g. through drying, salting, or canning, would be necessary.
	<i>humans prioritized</i>	Human edible feed is restricted from being fed to animals and used for biofuels if it would result in human caloric intake to be below 2,100 kcals per day in any month. Human

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		edible feed is allowed to go to milk producing animals in this scenario.
Resilient Foods (major new sectors of food production to compensate for reductions in conventional food production)	<b><i>cool tolerant crops</i></b>	Altering crop rotations to have more cool tolerant crops, and redirecting fertilizer to tropical cropland.
	<b><i>seaweed</i></b>	Shifting the geographic distribution of seaweed farming and scaling up the overall production considerably <sup>19</sup> .
	<b><i>lignocellulosic sugar</i></b>	Rapidly repurposing pulp and paper factories, etc to produce sugars from lignocellulosic biomass (a “non-agricultural food”) <sup>17</sup> .
	<b><i>methane SCP</i></b>	Rapidly establishing and deploying methane single cell protein (SCP) factories <sup>16</sup> from natural gas (a “non-agricultural food”).
	<b><i>greenhouse crops</i></b>	Rapidly constructing 190 million hectares of low-tech greenhouses <sup>18</sup> .

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99 **2.1 No International Food Trade**

100 In light of historical precedent for trade restriction in lesser shocks<sup>22-24</sup>, most international food  
 101 trade could halt after the onset of the nuclear winter, without establishing international  
 102 agreements to maintain it beforehand. To simplify the analysis, all scenarios assume continued  
 103 trade within countries. The overall global caloric needs with no food **trade** were determined  
 104 using a mathematical mean over all countries of the percentage of caloric needs met in a  
 105 country (capped at 100%) weighted by that country’s population. More data for all 10 years  
 106 run may be found in the Data Availability section.

107 **No adaptations**

108 Under these assumptions, a scenario with no adaptations and with no food **trade** shows only  
 109 15% of the population’s global caloric needs could be met (Figure 1 top left) which is similar to  
 110 the results of Xia et al. of 19% under similar assumptions<sup>12</sup>. In order to represent a reasonable  
 111 worst case scenario, in the case of no adaptations a minimal amount (10%) of each country’s  
 112 minimum human caloric demand is satisfied before calories are allocated to animal feed and  
 113 biofuels. Any remaining food after baseline feed and biofuel demands are satisfied is allocated  
 114 as much as possible to humans. This prioritization of only 10% of people is in place unless the  
 115 **humans prioritized** adaptation is included, which enforces that 100% of the human minimum

116 caloric demand (2,100 kcals per person per day) is met before nonhuman consumption is  
117 satisfied.

## 118 Simple adaptations, Rationing, Humans Prioritized

119 Adding *simple adaptations* to the scenario improves needs met from 15% to 29%, while  
120 *rationing* improves needs met to 37%.

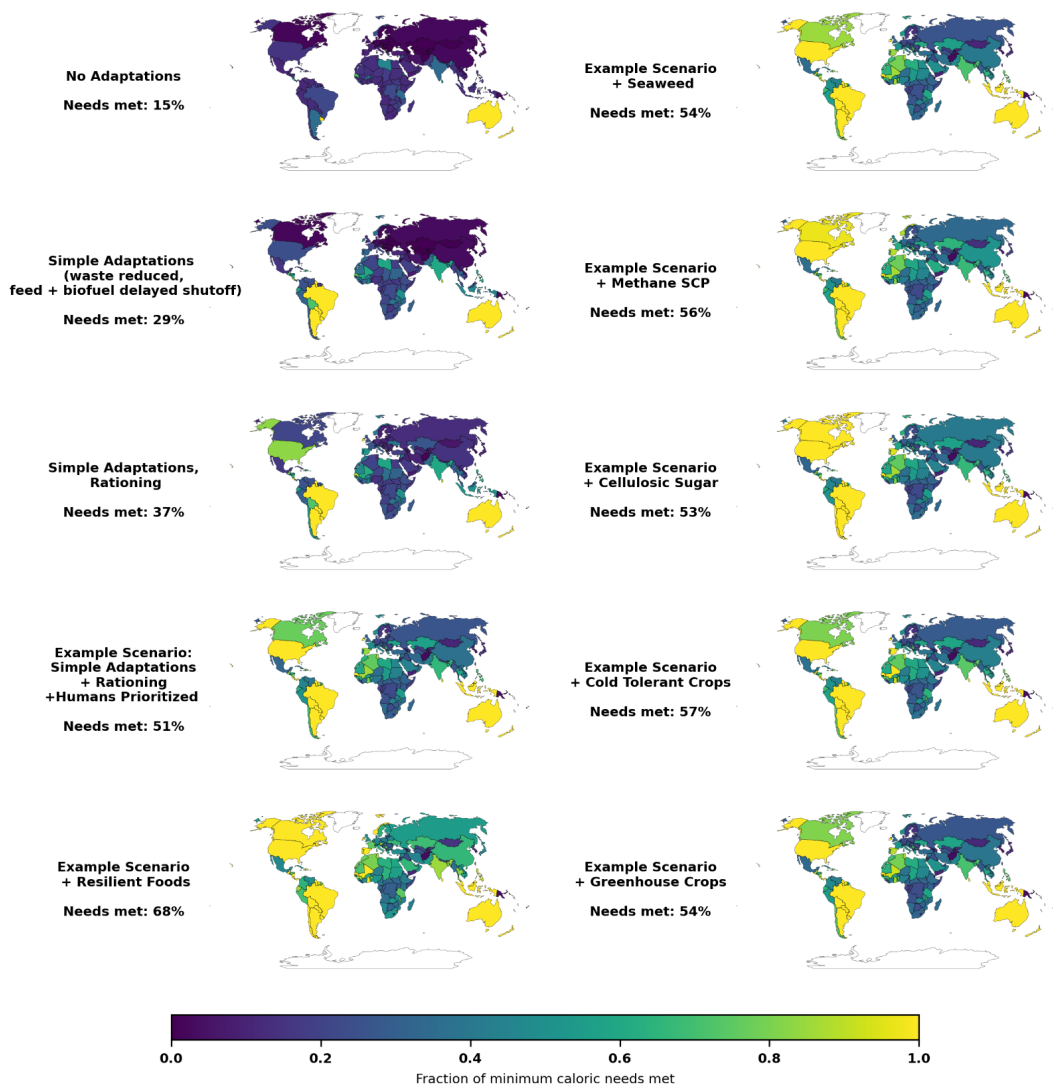
121 If *rationing* is assumed, all accessible stocks are used in the nuclear winter. However, in a  
122 typical year, the combined stocks will never quite all be used, as some buffer is left over in case  
123 the harvest is low in the next year. If only the typical levels of stored food are used (leaving the  
124 buffer normally in reserve unused), the *simple adaptations* improve the scenario from 15% to  
125 23%, and *rationing* improves needs met to 28%. We find stored food can still reduce starvation  
126 without *rationing*. This is because some countries still have a minimum caloric availability in  
127 the first 12 months. Stored food and stored meat consumption is restricted to the first 12  
128 months without *rationing* and so the increased stored food from removing the buffer reduces  
129 starvation during this time.

130 We will refer to the scenario with no food *trade*, but with *simple adaptations, rationing*, and  
131 *humans prioritized*, as the “Example Scenario”. In this scenario, 51% of global caloric  
132 requirements are fulfilled. By comparison, 94% of global caloric requirements are fulfilled with  
133 baseline 2020 crop production, with no food *trade*, and with *simple adaptations, rationing*,  
134 and *humans prioritized*. Globally in present day conditions, our model indicates approximately  
135 116% of global caloric requirements are fulfilled (see Supplemental Information Section II).

## 136 Resilient food adaptations

137 The incorporation of all resilient foods into the “Example Scenario” provided an additional 17  
138 percentage points of caloric needs met for a total of 68%, with each resilient food allowing for  
139 between 2-6 more percentage points of the population to meet their caloric needs (Figure 1  
140 right hand side). Without *rationing*, resilient foods only provide 11, rather than 17 percentage  
141 points. Non-agricultural foods provided the most food for non-tropical countries which largely  
142 could not grow their own food in the nuclear winter due to ground freezing, while crop  
143 relocation, seaweed, and greenhouses fed the most people in tropical countries. See Figure 2  
144 for a time resolved depiction of the monthly caloric contribution of each food source in various  
145 large countries.

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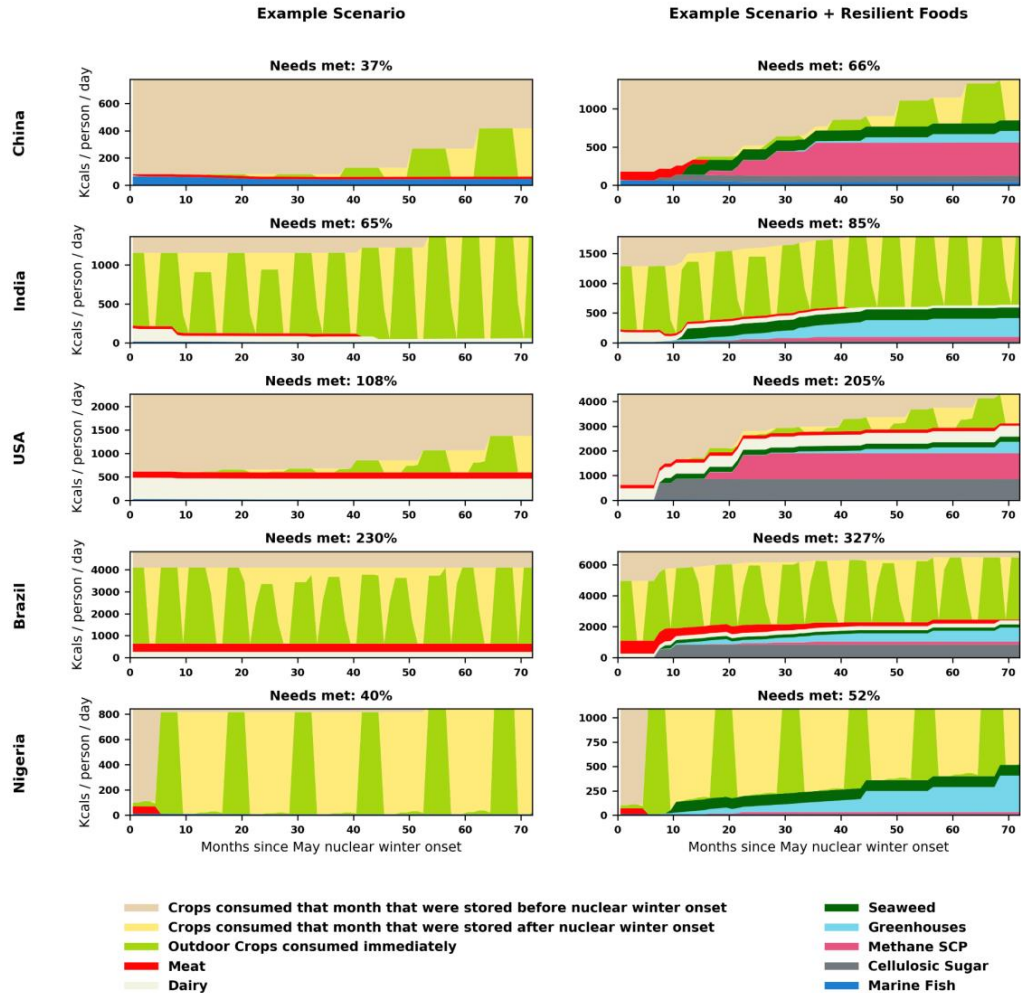
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147 **Fig. 1 | Caloric needs met, no international food trade, all countries.** We show the minimum percentage  
 148 of caloric needs met in any month of the nuclear winter for all countries and with no food *trade*. If *trade*  
 149 is not assumed, there remain several adaptations that can greatly increase the percentage of caloric  
 150 needs met. (left) A series of scenarios with different adaptations applied. The scenario on the top left  
 151 may not represent the absolute worst case, due to the possibility that non-food trade would halt,  
 152 conflict would continue, or soaring food prices would price out the global poor. (right) The “Example  
 153 Scenario” with each resilient food added individually.

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157 **Fig. 2 | Caloric needs met over time, various large countries, no international food trade.** Expected  
 158 food consumption is shown over the first 72 months of the simulation in each country. Approximately  
 159 half the world’s population is represented. Available food consumption after losses is shown for each  
 160 food source, represented with the height of each layer in the stackplot. Feed and biofuels have been  
 161 subtracted from stored food plus outdoor crops only. By-country results are less accurate than global  
 162 numbers due to increased data source inaccuracy on the country scale. **a.** We show each country’s  
 163 expected food production and relative contributions from different traditional food sources over time in  
 164 the “Example Scenario”: *simple adaptations, rationing, and humans prioritized*. **b.** The same as **a.**, with  
 165 the addition that resilient foods have been deployed at scale (*cool tolerant crops, seaweed,*  
 166 *lignocellulosic sugar, methane SCP, and greenhouse crops*). Research and pilots for resilient foods have  
 167 been shown to be highly cost effective per life saved in expectation in other work.<sup>25,26</sup>

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169 In general, higher population countries fared better in the model while smaller population  
 170 countries faced issues with insufficient agricultural production and food stores. However,  
 171 individual countries differed greatly in per capita production of food resources and in available

172 food stocks. In Nigeria, which has a late growing season, limited domestic stored food supplies  
173 and reduced crop production due to the cooling effects were similarly important bottlenecks  
174 for supplying calories to humans in the first six months, so with no **trade**, the late-arriving  
175 resilient foods had a limited utility in preventing starvation.

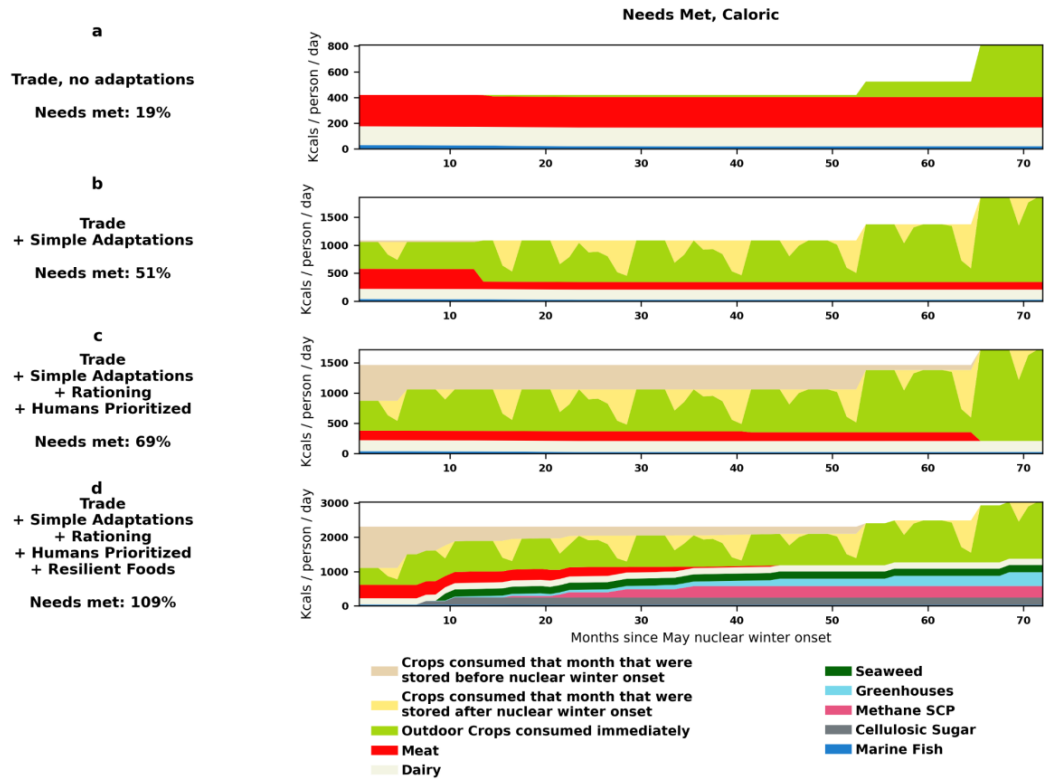
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## 177 **2.2 Continued International Food Trade**

### 178 Simple Adaptations

179 With mostly continuing **trade**, access to world markets would likely drive biofuel and feed  
180 prices up much higher in countries where animal feed and biofuels are produced, making  
181 **simple adaptations** much more likely. A scenario with **trade** and **simple adaptations** shows  
182 52% of minimum global caloric needs could be met. Including **rationing** and **humans**  
183 **prioritized** on a global scale increases caloric needs met to 69% of needs.

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187 **Fig. 3 | Needs met with continued international food trade.** The height of each layer of the stackplot  
 188 shows the caloric contribution of each food to the total needs met globally for the first 6 years of the  
 189 nuclear winter. Although the full 10 years have been calculated, we only show the first 6 years as they  
 190 are more critical for human survival. **a. trade** continues, otherwise no adaptations adopted **b. trade**  
 191 continues and **simple adaptations** take place. **c. rationing** and **humans prioritized** reduce the calories  
 192 directed to feed and biofuels and allow for stored food to be used throughout the scenario. **d.** In  
 193 addition to the successful adaptations in **b** and **c** above, \$30-\$300 million in technical preparations and  
 194 preparedness plans are assumed to enable a reasonably successful scale-up of resilient foods<sup>26</sup>. With  
 195 **trade**, relocated crops provide approximately 350 additional kcals per person per day of crop production  
 196 after waste globally, averaged over the first 53 months when food supply is minimum in this scenario.

198 **Resilient food adaptations**

199 The inclusion of resilient foods with **trade** drastically improves the situation, with 109% of  
 200 minimum caloric needs met. In summary, we find that international action to prevent the loss  
 201 of **trade** and to coordinate deployment of these foods would greatly mitigate famine in all  
 202 areas able to trade and receive food. Since countries are more likely to export food if they can

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1 203 produce more food, awareness of and preparedness for resilient food production would likely  
2 204 increase the chance of continued international trade.

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## 5 6 206 **3 Discussion**

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9 207 Food security relies on a sufficient production of nutritious and affordable foods.<sup>27</sup> In the last  
10 208 100 years, global food production shortfalls have only been a few percent lower than expected  
11 209 production<sup>28</sup> and were well above minimum human needs, in contrast to nuclear winter. We  
12 210 focus on ensuring sufficient low-cost food production and on efficiencies to mitigate losses in  
13 211 the food system. Still, while total availability of low-cost food for humans is necessary to  
14 212 mitigate widespread starvation, it is not sufficient. Broader factors such as equitable food  
15 213 allocation and distribution in both ASRS and other food shocks are also vitally important<sup>29</sup>.

### 16 17 18 19 20 214 **3.1 Technical challenges for resilient foods**

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22 215 The two primary challenges to scale seaweed to close to 10% of human caloric intake are  
23 216 twisting sufficient synthetic fiber and the feasibility of drying the seaweed in a humid, cold  
24 217 ASRS. At 2,100 km<sup>2</sup> per day, seaweed farm construction would require approximately 70,000  
25 218 tonnes of rope from synthetic fiber per day. Production was only 223.5 tonnes per day in  
26 219 2016<sup>30</sup>. Scale-up in an ASRS would require approximately a 300 fold increase in industrial  
27 220 production of synthetic rope, though it could be done with current polymer production.

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31 221 Low-tech marine seaweed farm designs hold the potential to be a low-cost, rapidly scaleable,  
32 222 and nutritious food source. As an example of their potential for scalability, the farmed area of  
33 223 the seaweed industry in the south China sea increased from 0.13 hectares in 2000 to 1,500  
34 224 hectares in 2011<sup>30</sup>. Seaweed also tolerates low sunlight and temperatures<sup>31</sup>.

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38 225 Other promising aspects of seaweed production and historical precedent in famines point  
39 226 towards it being a promising resilient food.

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42 227 For greenhouses, while 250 million hectares of greenhouse area over a period of 36 months  
43 228 are estimated to be technically feasible<sup>18</sup>, the relatively high cost of greenhouses per unit of  
44 229 production may slow construction due to lower demand for costlier foods. The complexity and  
45 230 relatively high upfront cost to some non-agricultural foods may prohibit their adoption in  
46 231 poorer regions.

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50 232 Industrial responses would likely develop in parallel at different paces and with varying  
51 233 degrees of success, as happened during the COVID-19 pandemic<sup>32</sup>, not necessarily limited to  
52 234 lignocellulosic sugar or methane SCP. These may include the production of other non-  
53 235 agricultural foods not considered in the modelling, such as chemosynthetic, biosynthetic, or  
54 236 electrosynthetic foods from biomass, hydrogen<sup>33</sup>, CO<sub>2</sub><sup>34</sup>, and hydrocarbons,<sup>16,35</sup> such as various  
55 237 other SCPs and synthetic carbohydrates, fats<sup>35</sup> and micronutrients. The potential for these

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238 other foods, expanding planted crop area<sup>36</sup>, mushrooms<sup>37</sup>, insects<sup>38</sup>, rabbits<sup>39</sup>, earthworms, or  
239 leaf protein concentrate<sup>40</sup> were not modeled.

240 While nitrogen, water, temperature, and sunlight stress were assessed in the crop models for  
241 relocated crops, little work has been done to assess the reduction in yields due to UV radiation  
242 in nuclear winter. Other major uncertainties include the reduced yields due to farmers planting  
243 crops they are not accustomed to farming, and the possibility that a loss of trade would extend  
244 to seeds, fertilizer, and pesticides. Missing such inputs can lead to massive reductions in  
245 yield<sup>41</sup>. However, we expect existing cool tolerant crops at higher elevation regions in the  
246 tropics, and the economic incentive to trade seeds for future food, to counteract this.

247 The resilient foods assessed were selected for their amenability to rapid production ramp-up  
248 and low cost, as affordability is a key factor for adequate access to food during a nuclear  
249 winter, just as it is today<sup>27</sup>. Resilient food production estimates shown in this paper are  
250 expected to require \$30 million to \$300 million spent on researching technology deployment  
251 and constructing technology demonstration pilots before the ASRS<sup>10</sup>. Arguably, these areas of  
252 work can also inform preparedness and resilience against less-extreme catastrophic events,  
253 such as a multiple bread-basket failure due to concurrent weather shocks or crop diseases and  
254 pests<sup>42</sup>.

### 255 **3.2 Global cooperation and trade after a nuclear war**

256 Another key challenge to adaptation is the likely loss of most global food trade without pre-  
257 existing international agreements. Export bans have been introduced by a number of countries  
258 following much less extreme situations than a nuclear winter, including in 2007/2008 across  
259 rice markets<sup>22</sup>, early in 2020 due to the threat of COVID<sup>24</sup>, and in 2022 due to rising energy  
260 prices and agricultural market disruptions following Russia's invasion of Ukraine<sup>23</sup>. It thus  
261 seems likely that the pressure to reassure domestic populations will lead to widespread export  
262 bans post-disaster, especially among countries deficient domestically or with a history of  
263 export bans. It may only take a few of the main exporting countries implementing bans to  
264 cascade into the majority of countries having bans.<sup>43</sup>

265 However, some food trade may continue. A number of countries (like Australia or Argentina)  
266 are able to produce a significant domestic surplus of foodstuffs post disaster. In addition,  
267 countries may send food and support early in the disaster in exchange for future reciprocal  
268 flows. Finally, countries with abundant coastlines are expected to quickly exceed their  
269 domestic ability to consume seaweed, incentivizing increased trading of the surplus inland.

270 The global food system is a complex system, and will exhibit nonlinear dynamics as system  
271 variables change<sup>43</sup>. Complex systems often exhibit tipping points – thresholds which, once  
272 surpassed, result in a conformational change of the system to another state through positive  
273 feedback loops<sup>44</sup>. In a nuclear winter, such a conformational change could apply to critical  
274 infrastructure on a global scale. In this work, failure of electrical grids, transportation  
275 infrastructure, telecommunications, or other infrastructure destruction due to the nuclear war  
276 is not considered, but could have massive impacts on yields<sup>41</sup>. In addition, infrastructure could

277 be affected such that countries may no longer be able to communicate and trade internally or  
278 externally after the catastrophe.<sup>45</sup>

### 279 **3.3 Preparations on a national level**

280 Furthermore, several adaptations could occur with no planning on national or international  
281 levels. These *simple adaptations* were assumed for most scenarios in the model.

282 One likely outcome is that the majority of biofuel usage should halt quickly in most countries,  
283 due to the rapid expected rise in food prices relative to fuels. Because continuing to feed  
284 livestock at present-day levels would mean fewer animals would starve than humans, and  
285 economic incentives would increase the cost of feed, the majority of human-edible feed  
286 currently fed to animals would likely be redirected to humans (most of the animal feed is  
287 soybeans and field maize<sup>46</sup>, which are currently consumed by humans in various forms such as  
288 soy flour and ground maize in products such as tortillas<sup>47</sup>). As the disaster progresses and feed  
289 prices rise, livestock may become a key source of macronutrients, as most livestock would  
290 likely be consumed or stored as meat for the coldest years. Finally, in part due to soaring food  
291 prices, waste would likely be sharply reduced. However, a rapid reduction in feed or biofuels,  
292 such as before 6-12 months, may not be economically advantageous, implying the *humans*  
293 *prioritized* adaptation could fail without preparatory legislation initiatives.

294 During World War II several countries increased domestic outputs of foodstuffs and key  
295 industrial goods at short notice<sup>48</sup>. Pre-war trade flows were disrupted by blockades across the  
296 world. Meanwhile, output fell due to conflict, as well as labor and inputs being diverted to  
297 wartime uses. In response, farmers in countries such as the United Kingdom, Belgium, and the  
298 Netherlands adjusted from cash crops and animal cultivation to staple crops, and prioritized  
299 milk over meat.<sup>49</sup> Such a switch is also likely after a nuclear war<sup>50</sup>. This was combined with a  
300 rapid introduction of rationing and price controls to ensure access to foods<sup>51</sup>. While nutritional  
301 access for the poorest in the United Kingdom actually improved over the period, as rationing  
302 provided better access to foods compared to their pre-war diet<sup>51</sup>, increased imports of meat  
303 may also have improved diets of the poor<sup>52</sup>.

304 There are many benefits to preparation for an ASRS unrelated to famine. Increasing the usage  
305 of methane SCP for fish food would lessen the environmental burden on fisheries, and  
306 reducing overfishing would increase marine fish populations in times of global production  
307 shortfalls<sup>53</sup>. Similarly, expanding use of seaweed as a food and feed<sup>54</sup> today could directly draw  
308 down CO<sub>2</sub> concentrations in the atmosphere, and reduce cattle methane emissions<sup>54</sup>. As a low-  
309 cost nutritious food, seaweed can improve food security around the world today<sup>55</sup>.

### 310 **3.4 Outlook**

311 Several topics remain untouched by this paper and are left for future research. Hoarding is an  
312 economically stratified effect which would likely raise food prices in the first year, although  
313 without a dedicated economic analysis, the overall effect in terms of food availability on  
314 starvation in the coldest years remains uncertain given the increased level of personal stores

1 315 for the cold years if hoarding occurs. Food riots could disrupt continuity of government  
2 316 creating further stress on the food supply chain. Mass migration could overwhelm already  
3 317 strained food systems, or perhaps mitigate distribution issues from food export bans.  
4 318 Continuing conflict and a failure of non-food trade would reduce the functioning of critical  
5 319 infrastructure as well as reduce population and thus food demand. The effects from soaring  
6 320 food prices, the possibility for international subsidies for the global poor, and changes in global  
7 321 income distributions would influence people's ability to afford food. The complexity of  
8 322 preventing famine in an ASRS highlights the need for more preparedness work at local,  
9 323 national and international levels.

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13 324 As demonstrated by the many reasons for pessimism regarding global food security in the  
14 325 nuclear winter discussed in this paper, there is an urgent and well-established need for large-  
15 326 scale global nuclear arms reduction<sup>56</sup>. We encourage work on the prevention of nuclear war, in  
16 327 parallel with ongoing research and preparations to mitigate global famine during an ASRS. Key  
17 328 work to prevent global famine from lack of production in any ASRS includes 1) research on  
18 329 food production methods, production ramp-up and technology deployment, as well as  
19 330 research on the nutritional qualities of the foods, 2) further development/piloting of  
20 331 technologies and techniques conducive to a faster response such as fast construction and rapid  
21 332 repurposing (e.g. paper factories into lignocellulosic sugar factories), and 3) policy outcomes  
22 333 including the distribution of effective disaster response plans. We also recommend that  
23 334 business continuity managers and decision makers working in disaster risk management  
24 335 promote the creation of ASRS preparedness and response plans, as has been done for other  
25 336 high-impact low-probability hazards, both natural (e.g., tsunamis<sup>57</sup>) and anthropogenic (e.g.,  
26 337 nuclear plant accidents<sup>58</sup>). Regional preparedness plans could complement supranational  
27 338 initiatives such as the international "emergency platform" proposed by the UN Secretary-  
28 339 General for responding to global catastrophic risks<sup>15</sup>. In summary, there are ample  
29 340 opportunities for work to increase the chance that ASRS-induced global catastrophic food  
30 341 failure is avoided.

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## 39 40 41 343 **4 Methods**

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44 344 All results were created with a software model that simulates food production with and  
45 345 without resilient foods on a global or country-by-country scale (Figure 4). The analysis  
46 346 optimizes for caloric sufficiency in scenarios with the addition of any number of the 9  
47 347 adaptations detailed in Table 1. All results are run either for the 150 Tg nuclear winter, or the  
48 348 baseline climate in 2020.

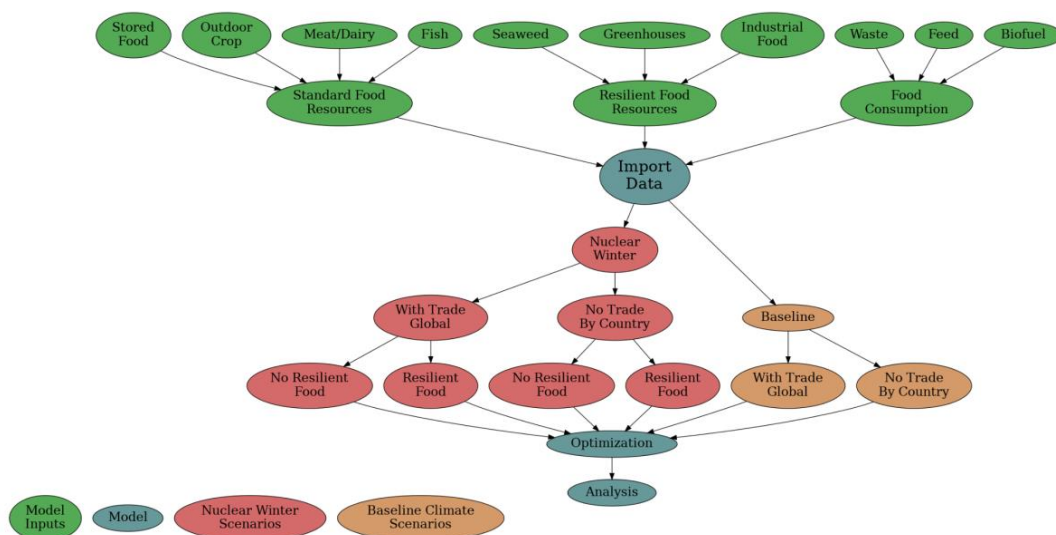
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51 349 To assess food system adaptations to the nuclear winter, we combine estimated reductions  
52 350 from traditional food production with previously published estimates of meat and dairy,  
53 351 livestock populations, waste, feed, biofuel usage, stored food, and the scaling of resilient  
54 352 foods. We use this to determine the caloric production in each country on a monthly basis over  
55 353 120 months (10 years), covering the years of lowest crop production.

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354 Xia et al.<sup>12</sup> reported estimates for the country-by-country reduction of maize, rice, soybean,  
 355 and spring wheat, a global estimate of reductions in commercial marine fish catch, as well as  
 356 country-by-country reductions in grass production for ruminants in the nuclear winter. We  
 357 combine the reductions in each of the four crops and grass to create a country-by-country  
 358 estimate of reduced crop yields and reduced meat and dairy production, and use the results  
 359 from the fishery model to estimate reductions in seafood. Variations in food resources and  
 360 food consumption within countries were not considered.

361 Separate modules each estimate macronutrient resources and usages from each part of the  
 362 food system before optimization as detailed in Figure 4. See Supplemental Information section  
 363 I for details on the software optimization methodology.

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366 **Fig. 4 | Workflow of model set-up and scenario selection.** The integrated model considers standard  
 367 food resources (stored food, outdoor crops, meat and dairy, fish), resilient foods (seaweed,  
 368 greenhouses, crop relocation, non-agricultural food) and nonhuman food consumption (waste, feed,  
 369 biofuel). Depending on continued or ceased trade, the optimization was run either globally or country-  
 370 by-country. The output from the optimization model estimated the caloric availability for each scenario.  
 371 Results are shown in pink, while “Baseline” “With Trade Global” is used as validation (Supplemental  
 372 Information Section II), and the caloric needs met without *trade* have been previously reported in the  
 373 results. Colors indicate different steps of the process.

374

### 375 4.1 Food System Model

376 Initial food stocks and crop years were taken from the USDA PSD database<sup>27</sup>. Stocks are based  
 377 on the crop year ending stocks and adjusted to the crop years of each country (see  
 378 Supplemental Information III for food stocks details). We assumed a four-month harvest  
 379 period, beginning in the first month of the crop year, with stocks building up over harvests  
 380 then being drawn down to the crop year end total based on monthly consumption. Annual  
 381 consumption was split over the 12 months evenly. Crop years have been used to adjust annual

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382 yields to a monthly basis, again assuming production is split over a four-month harvest period.  
383 The average seasonality of production in the tropics ( $\pm 24^\circ$  latitude in this case) was used as a  
384 proxy for monthly variation in global production because it is expected that the majority of  
385 crop production in the nuclear winter would come from tropical areas<sup>12</sup>.

386 By-country population in 2020 was obtained from the World Bank<sup>59</sup>. Deaths or reduction in  
387 livestock populations from the nuclear detonations or fallout are not incorporated into the  
388 model. FAOSTAT data<sup>60</sup> on a country-by-country basis were used to estimate animal stocks for  
389 meat and grasslands for grazing, nutrition of outdoor crops, food consumption from waste,  
390 feed, biofuels, and standard food resources (outdoor crops, meat, dairy, and seafood).  
391 Summary statistics and a model validation for the baseline scenario are described in  
392 Supplemental Information Section II.

393 The minimum recommended daily intake of energy is set to 2,100 kcals per person per day in  
394 the model. Fat and protein are not modeled, although resilient food diets appear to be able to  
395 largely meet key macronutrient and micronutrient requirements at a population scale with  
396 nutritional planning<sup>20</sup>. Therefore, meeting caloric needs is considered nutritionally sufficient  
397 under each scenario.

398 In all scenarios, inedible feed was reduced by the same percent of decline in grass yields for  
399 grasslands on an annual basis and the same percentage as average decline in crop yields for  
400 fodder crops and crop residues. Total output of inedible feed (grasses, crop residues and  
401 fodder crops) was taken from the results presented in the GLEAM database<sup>61</sup>, which also  
402 provided global average feed conversion ratios for edible and inedible feeds to meat and milk,  
403 depending on the animal and the feed system under consideration.

404 See Supplemental Information Section V for more details on meat and dairy assumptions.

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## 406 **4.2 Resilient Foods**

407 Resilient foods were chosen based on resource constraints, cost-effectiveness, and technical  
408 feasibility. The scenarios with resilient foods account for greatly increased food resources from  
409 **greenhouse crops, seaweed, cool tolerant crops**, and non-agricultural foods. Low-cost foods  
410 are included preferentially. Details on modelling of more conventional food system  
411 adaptations can be found in Supplementary Information Section IX.

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### 413 **4.2.1 Seaweed**

414 We selected *Gracilaria tikvahiae* as a representative species for its cool tolerance and high  
415 growth rate. A one month delay of seaweed farm construction starting was assumed.

416 **Seaweed** was limited to 10% of human caloric intake due to digestibility and iodine concerns.<sup>62</sup>  
417 Experts suggest 1-2 mg is a safe daily intake of iodine, although, empirically, higher

1 418 consumption does not typically cause health issues<sup>63</sup>. Boiling and washing the seaweed has  
2 419 also been shown to reduce iodine content in similar seaweeds<sup>64</sup>.

3  
4 420 The seaweed daily growth rate is determined by using monthly growth rates from Jehn et al.<sup>19</sup>  
5 421 and aggregating them by the exclusive economic zones of the countries. The starting seaweed  
6 422 stock in each country was loaded from FAOSTAT<sup>60</sup>, but each country with a coast was assumed  
7 423 to start with at least 500 kg wet mass. Initial farm area and maximum area built was calculated  
8 424 based on the fraction of ocean coastline in each country out of the global total<sup>65</sup>. See  
9 425 Supplemental Information section VI for more details on seaweed modeling.

#### 12 426 4.2.2 Crop Relocation (*cool tolerant crops*)

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15 427 Crop production would fall to much lower percentages of baseline production in the nuclear  
16 428 winter without relocated cool-tolerant crops grown in the tropics. On a per hectare basis,  
17 429 sugar beets and potatoes produced the most calories, rapeseed the most fat, and wheat the  
18 430 most protein. While these crops would not be the only crops viable outdoors in the nuclear  
19 431 winter, they represent a high yield, cool-tolerant crop rotation for macronutrients, which  
20 432 would be likely combined alongside continued cultivation of maize, rice, pulses and vegetables  
21 433 where possible.

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26 434 Improvements from crop relocation in the nuclear winter were applied after an assumed 10-  
27 435 month delay (2 months before a planting of different crop rotations begins plus 8 months until  
28 436 the altered rotations affect yields). The improvement was calculated by taking the remaining  
29 437 fraction of crop caloric output produced in each year of the nuclear winter to the power of  
30 438 0.80, and leaving fractions greater than 1 unchanged. The power law was selected in order to  
31 439 ensure that the mean change in the coldest year would be a factor of 1.54 (11% of yields  
32 440 improved to 17% of yields in the coldest year) while ensuring that regions with zero crops  
33 441 would still have zero production. See Supplemental Information Section VII for details on how  
34 442 these improvements were determined.

#### 38 39 40 443 4.2.3 Greenhouse Crops (*greenhouse crops*)

41  
42 444 Low-tech polymer-covered greenhouses could affordably boost calorie production during  
43 445 nuclear winters despite currently low global contributions.<sup>18</sup> While these low-tech greenhouses  
44 446 reduce the CO<sub>2</sub> levels, air circulation, and incoming photosynthetically active radiation (PAR)  
45 447 for crops, they increase the average temperature, humidity, and thus increase available  
46 448 *growing degree days* (GDDs). Greenhouses could enable crop growth in otherwise infertile  
47 449 regions. To avoid overly optimistic outcomes, a 2-month delay before construction of  
48 450 greenhouses was assumed. New greenhouses are constructed only on viable croplands<sup>60</sup>. The  
49 451 maximum ratio of area covered by greenhouses in each country was set to 190 million  
50 452 hectares divided by the total global cropland in 2020 of 1.43 billion hectares (a maximum  
51 453 percentage of 13.3% of each country's cropland). Outdoor cropland in the tropics was in turn  
52 454 reduced by 13.3%.

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58 455 See Supplemental Information Section VIII for more greenhouse yield details.  
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456 4.2.4 Non-agricultural foods (*methane SCP*, *lignocellulosic sugar*)

457 Non-agricultural food production during nuclear winter includes rapidly converting paper mills  
458 to sugar biorefineries<sup>17</sup> for lignocellulosic biomass and constructing large-scale fermentation  
459 facilities for SCP from natural gas.<sup>16</sup> Both are currently at high technological readiness. We  
460 assume a 2-month delay of non-agricultural food repurposing or construction. Although it is  
461 technically feasible to continue SCP factory construction past month 33, we assume  
462 construction halts due to high capital intensity needing to be spread over sufficient number of  
463 years of production.

464 Growth profiles for non-agricultural foods were based on previously published estimates,<sup>16,17</sup>  
465 starting with repurposing two-thirds of global paper mills for sugar, with remaining industrial  
466 resources invested in SCP production. SCP can serve as a useful food product due to its high-  
467 quality protein content and micronutrient profile, despite the higher resource intensity and  
468 unit costs compared to lignocellulosic sugar. Sugar production quickly addresses immediate  
469 food shortages, while SCP is slower to come online but more nutritious.

470 Global conversion rates of paper mills to sugar factories and SCP facility setups were estimated  
471 from previously published growth rate models and the capital expenditures of chemical and  
472 related industries.<sup>16,17</sup> Where country level data are not available, the regional totals for  
473 relevant capital investments were divided by the share of fixed capital accumulation of each  
474 country in the region<sup>59</sup>. The *lignocellulosic sugar* produced in each country was estimated by  
475 dividing the country's wood pulp processing share by the global total<sup>60</sup>, while *methane SCP*  
476 produced in each country was estimated using the share of industrial capital in each country.

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## 477 Data and Code Availability

478 The supplemental spreadsheet data is located in the code repository for the paper. Monthly  
479 caloric availability, feed and biofuel consumption, and animal slaughter and populations for all  
480 10 years for all countries and all scenarios in Figure 1 is located at  
481 <https://zenodo.org/records/10950464><sup>66</sup>. Crop relocation data are available on request. All  
482 code for this paper is available at <https://github.com/allfed/allfed-integrated-model/tree/1.3>.

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484 Thanks to Aron Mill, Joshua Pearce, Kyle Alvarado, Adin Richards, and Gal Hochman for their  
485 insights. We also appreciate the sharing of nuclear winter crop and fishery data from Lili Xia  
486 and Jonas Jaegermeyr.

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658 **Ethics Declarations**

659 **Competing interests**

660 The authors declare no competing interests.

# Food System Adaptation and Maintaining Trade Could Mitigate Global Famine in Abrupt Sunlight Reduction Scenarios

## Supplemental Information

### I. Details on software optimization methodology

There are several linear optimizations performed for each scenario. When no feed or biofuel is used, only one round of linear optimizations is performed. With feed or biofuels, there are two additional rounds. The first additional optimization round enforces humans are fed at least 2,100 kcals per person per day if possible, with food given to humans prioritized in descending order of fish, meat, dairy, greenhouse crops, outdoor crops, stored food, methane SCP, lignocellulosic sugar, and seaweed. Any remaining feed and biofuels are then allocated to animals. The last round uses the feed allocated from the second round to estimate meat consumption for humans.

Each round has a set of optimizations: first, we maximize the minimum ratio of human nutritional needs to minimum recommended calories in any month of the scenario. A secondary optimization is then run to prioritize consumption of outdoor crops and stored food by humans, and a tertiary optimization is run to reduce fluctuations in utilized food resources and maximize food production (even if it doesn't change the calories consumed in the minimum month).

Each linear optimization determines the optimal timing of the harvesting for further vegetative growth versus consumption of seaweed if seaweed is added, the optimal timing of the consumption of slaughtered meat, the preference of reduced changes in caloric production amongst optimized foods, the maximization of calories available (even if not altering months where calories are at a minimum), and the optimal allocation of stored food from stocks at the onset of the nuclear winter if rationing is added. It also enforces maximal nutritional constraints for humans and animals (see Supplemental Information Section V, "Details on calculating animal products"). Feed and biofuel were restricted to only consume stored food or outdoor crops.

### II. Model validation with 2020 food production

For the food resources, net stock movements were set to mimic crop year ending 2020 levels in order to reproduce 2020 consumption. Production and consumption are for the 2020 global population of 7.72 billion, and a linear projection of food utilization statistics from 2014 through 2018<sup>1</sup>.

We set the global annual outdoor crop production at 3898 million dry caloric tonnes (1 dry caloric tonne = 4 million kcals), human inedible grasses for feed at 4206 million dry caloric tonnes energy equivalent, and marine fish at 28 million dry caloric tonnes. Feed and biofuel nutrient usage on the global level annually were set to 1447 million dry caloric tons and 623 million dry caloric tonnes, respectively, in 2020. These numbers were used as the initial properties of the global food system for scenarios with trade. The food resources in the scenarios with no food trade were obtained on a country-by-country basis<sup>1</sup>.

Outdoor crop production in the simulation used the average global seasonal production variation based on crop years listed in the USDA PSD (United States Department of Agriculture Production, Supply and Distribution) database<sup>2</sup>, assuming a four month average harvest period. For meat and dairy production,

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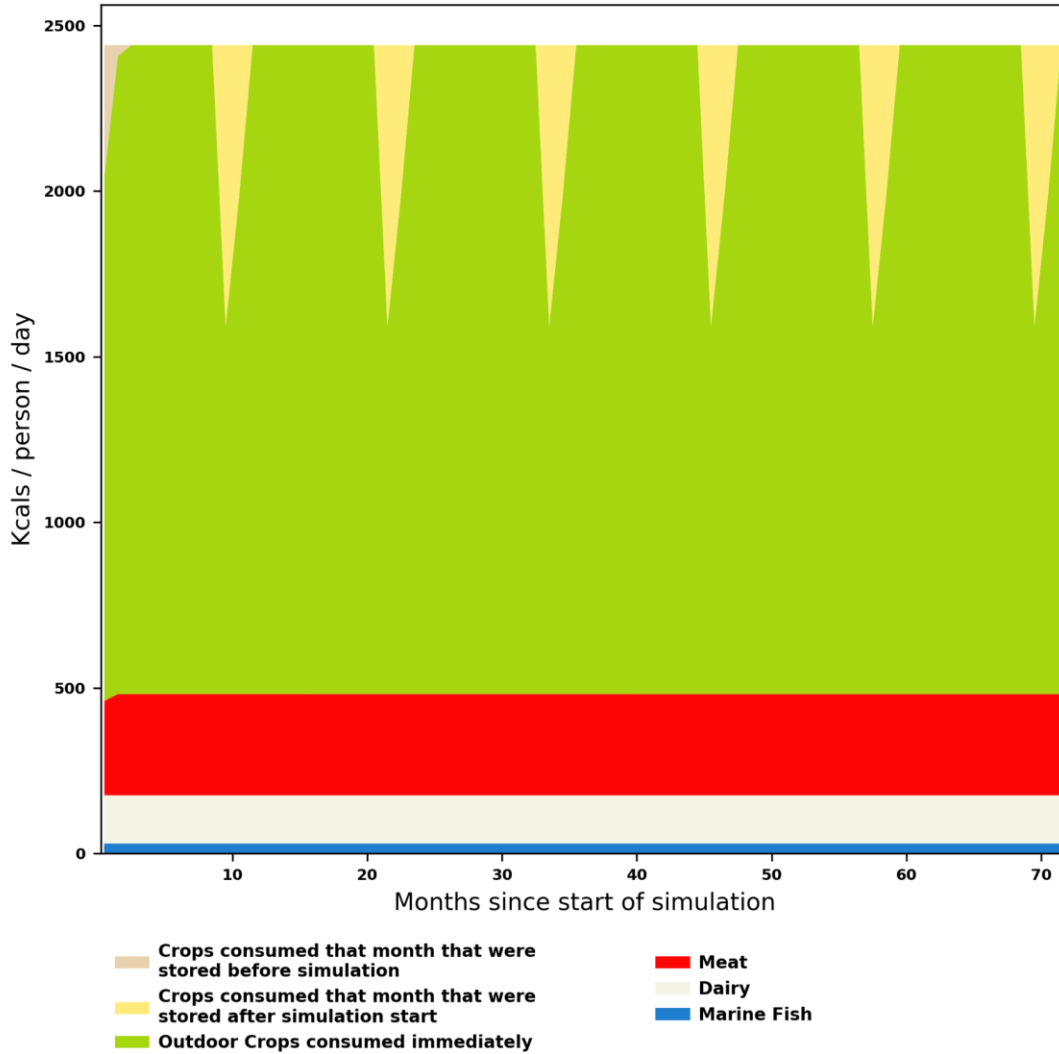
40 human inedible feeds were used when available, and human edible feeds were assumed to be fed to  
41 animals only once human caloric needs have been met.

42 The diet calculation incorporates all the food resources and food consumptions, assuming 2020 levels for  
43 the animal feed and biofuels. We set waste to 2020 levels (see IV Waste section below). The diet  
44 composition for this 2020 baseline is shown in Figure S1.

45 We define primary food production as any food production which results in net-positive creation of  
46 calories amenable to human consumption (and is not converted to another source of food). This  
47 definition excludes animal products, eggs, fish farms, and dairy milk that are not based on inedible  
48 inputs, i.e. grazing and agricultural residues. Total primary food availability of foodstuffs suitable for  
49 human consumption aggregate to approximately 5600 kcals per capita daily, excluding retail and  
50 distribution waste but including production losses, and amounts to 191% of minimum needs after  
51 incorporating baseline waste. This is significantly higher than human needs because foods go to uses  
52 other than direct consumption, such as animal feed and biofuels (which account for around 2,000 and  
53 800 kcals per capita per day respectively). In particular, foods such as meat, dairy, and eggs based upon  
54 human edible feeds consume more calories than they produce in aggregate, due to energy losses  
55 inherent in their production. In most cases, the ratio is high, with an approximate average ratio of 6  
56 calories to 1 calorie for eggs and dairy, and over 30 for beef in the US for example<sup>3</sup>.

57 A plot of the diet in 2020 from the model is shown below, which accounts for the satisfaction of global  
58 caloric consumption. The food supply at the retail/household level was estimated at around 2930 kcals  
59 per person per day, with waste. Losses and waste at the household/retail level due to is estimated at  
60 around 700 kcals per person per day, leaving approximately 2230 kcals per capita. The model indicates  
61 approximately 2440 kcals. Given the many uncertainties in production and waste in the global food  
62 system, this level of consumption was deemed plausible and left unchanged in the model.

Food availability, Global Baseline



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72 **III. Details on global food stocks modeling**

73 The global stored food considered includes private commercial and government stores, but does not  
74 consider food in transit or food in consumer homes, warehouses, or retail establishments.

75 The USDA PSD database<sup>2</sup> presents detailed estimates of crop year ending stocks by country. We found  
76 that the global stored food is 1.5 billion dry caloric tonnes at the beginning of the month of May (12  
77 months of global population fed on the 2100 Kcals per capita per day requirement before waste). May is  
78 the month of the nuclear war in the climate model.

79 Stocks were taken for all key grains (wheat, barley, rice and maize), centrifugal sugar, oilseeds (primarily  
80 soybeans) and vegetable oils, for the period 2014-2018. Data on storage for fruits, vegetables and tubers  
81 are not available; however, these are likely to be small in caloric terms by comparison, and their exclusion  
82 will not significantly bias our total stock estimations downwards.

83 Crop years refer to the cycle of harvest, stock buildups (where stored food rises around harvests),  
84 consumption and stock drawdowns (where stocks fall during the off harvest periods) which characterize  
85 agricultural markets, with the crop year end referring to the last month before harvests begin. Because of  
86 this, crop year end values represent the minimum level stocks reached before harvests/processing begins  
87 again, and do not line up with a standard calendar year unless harvests begin in January. As a result, simply  
88 adding crop year end stocks will give a significant under estimate of total global stocks in a given month,  
89 as harvests and therefore crop year ends do not align.

90 To correct for this, crop years have been downloaded for each crop and each country globally (also  
91 reported in the PSD database). We have assumed that harvests start at the beginning of their crop year,  
92 last 4 months, and stocks build over this period based upon reported production. Meanwhile  
93 consumption/exports/other disappearance is flat month to month, with crops drawn down to their crop  
94 year end value reported in the database. On a country-by-country basis this may not hold, as for example  
95 key exporters may see higher shipments in the months during and just after harvest. However, on a global  
96 basis, this methodology will average out any seasonality between importers and exporters.

97 By carrying out this analysis for all crops and all countries by month, we calculated an estimate of total  
98 stocks for each crop by month. This total volume was then multiplied by the nutritional values for each  
99 crop/product as reported by the FAO, in order to convert them into a total calorie, protein and fat basis.

100 Stores in transit were not considered in the model. Bulk shipment times between Asia and Europe average  
101 around 15 days via the Suez canal, and Europe to the US East Coast averages around 8-10 days, depending  
102 upon the ports<sup>5</sup>. We assumed two months total stores considering handling, processing, logistics to and  
103 from the port and other factors, which is likely an overestimate of the storage that cannot be depleted,  
104 making the number of people who could be fed on storage an underestimate.

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106 **IV. Details on Estimating Waste**

107 Baseline post-harvest waste in 2020 was 24-29% of production depending on the commodity. If *simple*  
108 *adaptations* are added, we estimate retail waste would fall sharply assuming a tripling of prices – globally,  
109 post-harvest waste estimates combining household, retail and distribution would fall to 6-10% of  
110 production in the nuclear winter, depending on the commodity<sup>6</sup>. We expect prices would more than triple,  
111 but we conservatively chose to limit price increase when calculating waste to ensure we did not  
112 overestimate the overall reduction in waste. No delay was applied to the change in waste. Based on  
113 current waste and an estimated tripling of food prices, an estimated price elasticity of food waste of -  
114 1.49<sup>6</sup> (implying each doubling of prices reduces waste by 64% from its previous value) was used to  
115 determine how much increasing prices would reduce waste in each country.

116 Waste was determined primarily using the FAOSTAT Supply Utilization Accounts database, based upon  
117 data taken from 2014 to 2018<sup>1</sup>. Agricultural waste consists of harvest losses, distribution losses, and  
118 retail/household waste. Harvest losses are already accounted for in the estimates of current-day  
119 agricultural production and were not adjusted in the nuclear winter. As most likely there would be an  
120 effort to reduce harvest losses given the higher food prices, harvest waste would likely be lower in reality  
121 than in the model. Distribution losses refer to losses in processing, transit and storage, post-farm but  
122 before they are delivered to the retail level. Distribution losses are largely a function of existing quality of  
123 storage and transport infrastructure<sup>2</sup>, and are assumed to be maintained. Distribution losses vary widely  
124 by crop/food variety, and so the percentage loss appropriate for each agricultural category in FAOSTAT is  
125 assumed to continue<sup>1</sup>.

126 Meanwhile, retail/household waste refers to food damaged or not consumed at the retail level onwards,  
127 such as shops rejecting or failing to sell products or households discarding food once purchased. Base  
128 levels of waste have been estimated based upon Verma et al 2020<sup>6</sup>.

130 **V. Details on calculating animal products**

131 While crop yields would be severely reduced in a nuclear winter, efficient allocation of agricultural  
132 residues could be used to maintain a significant amount of dairy production. Prioritizing maintenance of  
133 dairy is justified by the favorable feed and protein conversion efficiency of dairy as compared to beef<sup>7</sup>,  
134 with around 400 kcal and 21 g of protein per kg of inedible feed for milk and 22 kcal and 2 g of protein per  
135 kg of dry inedible feed for beef.

136 It was estimated that livestock was reduced to levels that could be maintained by a combination of  
137 grasslands, agricultural residues, fodder crops and excess stored food and outdoor crops for the 150 Tg  
138 scenario. This ignores the potential of any stored cellulosic material such as hay, and any material killed  
139 by the catastrophes such as tree leaves, which makes it an underestimate of the livestock production.

140 In order to model total meat and dairy output post disaster, we have split systems into those based on  
141 human inedible feeds (grasses, crop residues and some fodder crops such as alfalfa), and those based on  
142 human edible feeds (primarily grains, oilseeds and oilseed meals). Eggs are ignored as they are less than  
143 1% of global food production. Edible feeds were assumed to only be redirected from the outputs of  
144 outdoor growing, stored food, methane SCP (at max 43% of feed, no restriction for the percent of biofuel  
145 demand), cellulosic sugar (at max 10% of feed, no restriction for the percent of biofuel demand), or



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146 seaweed (at max 10% of feed and 10% of biofuel demand). We have included edible organs in our analysis,  
147 all under the title of meats.

148 Animal products for trading blocs have been calculated using the same logic as for the global system,  
149 adjusted to the total area under pastures and croplands for each country (to provide estimates of grasses,  
150 fodder and residue availability).

## 151 VI. Details on estimating seaweed production

152 When **seaweed** is added to the model, the following set of constraints are applied for each country  $b$  and  
153 month  $m$ . Harvests were allowed at the end of each month.

$$154 \text{wet } m_{b,m=0} = \text{initial}_{\text{seaweed}} d_b \quad (4)$$
$$155 \text{area}_{b,m=0} = \text{initial } a_b$$

$$156 \text{forallcountries } c, \text{months } 0 < m \leq 120 \quad (5)$$
$$157 \text{area}_{c,m} = \text{area}_{c,m-1} + \text{monthly } t_b$$
$$158 \text{wet } m_{c,m} = \text{wet } m_{c,m-1} * \text{monthly}_{\text{growth}} c,m$$
$$159 \quad - (\text{area}_{c,m} - \text{area}_{c,m-1}) * \text{min}_{\text{density}} * \text{harvest}_{\text{fraction}}$$
$$160 \quad - \text{seaweed}_{\text{produce}} d_{c,m}$$
$$161 \text{seaweed}_{\text{produce}} d_{c,m} \leq 10\% \text{monthly}$$

$$162 \text{wet\_on\_farm}_{b,m=0} = \text{initial\_seaweed}_b \quad (4)$$
$$163 \text{area}_{b,m=0} = \text{initial\_farm\_area}_b$$

$$164 \text{For all countries } b, \text{months } 0 < m \leq 72: \quad (5)$$
$$165 \text{area}_{b,m} = \text{area}_{b,m-1} + \text{monthly\_area\_built}_{b,m}$$
$$166 \text{wet\_on\_farm}_{b,m} = \text{wet\_on\_farm}_{b,m-1} * \text{monthly\_growth}$$
$$167 \quad - (\text{area}_{b,m} - \text{area}_{b,m-1}) * \text{min\_density} * \text{harvest\_fraction}$$
$$168 \quad - \text{seaweed\_produced}_{b,m}$$
$$169 \text{seaweed\_produced}_{b,m} \leq 10\% \text{monthly\_caloric\_needs}_b$$

170 The total food produced per month from seaweed was determined from the  $\text{seaweed\_produced}_{c,m}$   
171 variable.  $\text{wet\_on\_farm}$  refers to the mass of seaweed in the ocean before harvest. Initial seaweed  
172 production estimates are from FAOSTAT. Harvesting happens only once a month. The harvest process and  
173 natural losses such as from grazing fish are dependent on seaweed species and other factors. We  
174 estimated  $\text{harvest\_fraction}$  as a factor of 0.85<sup>8</sup>. Minimum wet-on-farm density of the stock ( $\text{min\_density}$ )  
175 was estimated at 1.2 kg/m<sup>2</sup>, while maximum wet-on-farm density after harvest ( $\text{max\_density}$ ) was  
176 estimated as 3.6 kg/m<sup>2</sup>, based on harvests of the species *Gracilaria tikvahiae*<sup>9</sup>. The initial area ( $\text{area}$ ) was  
177 selected at only 10 km<sup>2</sup> because most current seaweed area would no longer be suitable for seaweed  
178 cultivation. From rope availability, we assumed that 63,000 km<sup>2</sup> of new seaweed farms could be built  
179 monthly ( $\text{monthly\_area\_built}$ ), limited to a maximum of 3 km<sup>2</sup> per km of coast in the region being  
180 modeled.

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**VII. Details on Estimating Outdoor Crop Yields**

Present-day crop yields were determined from FAOSTAT yield data for the years 2014-2018, and due to data unavailability in 2019 and 2020 for calories, fat, and protein, a linear trend was extrapolated to the year 2020. Present-day production used the average global seasonal production variation based on crop years listed in the USDA PSD database<sup>2</sup>, assuming a 4 month average harvest period. The no resilient foods nuclear winter case was estimated by scaling down year 2020 production by the annual reduction in yields for a 150 Tg scenario from the analysis of Xia et al<sup>4</sup>. Furthermore, because their analysis concludes that the majority of crop production in a nuclear winter would come from currently tropical areas, the seasonality of production in the tropics (here between +/-24° latitude) was used as a proxy for monthly variation in global production throughout a nuclear winter.

The Xia et al. manuscript gives the reduction in harvest of the first year, but does not distinguish country harvests for May through December of the first year. In our model, Japan, North Korea and South Korea were set to zero harvest yield, South Africa to normal harvest yield, and otherwise the ratio of a normal harvest in the country and the harvest in nuclear winter was used as the estimated harvest in May - December of the first year. Japan, North Korea, and South Korea were set to zero yield as all the harvest in these countries typically occurs on or after the month of May, and they are expected to have a very low yield in the first year. Other than for these countries, the ratio of yield in the third year (December to December) was weighted by the harvest normally occurring in each month of the year of each country. For countries with less than ¼ the harvest after May, the harvest in May-December were left unchanged.

Improvements in crop rotations were determined using a single run of the DSSAT based MINK global gridded model<sup>10</sup>. Results were used only in aggregate over all countries, and yield changes were not evaluated on a by-country basis; instead the global improvements from relocation were applied to all countries equally. The crop model was run for one year averaging over many runs of a random weather generator using the climate average of 1994-2016, centered on 2005, and run with 400 ppm atmospheric CO<sub>2</sub><sup>11</sup>. The model was then run again but was modified to reflect the worst year of the nuclear winter period which starts 36 months after onset, with a 60 percentage point reduction in photosynthetically active radiation (PAR), reduction in average overland daily highs of 14°C, reductions in average overland daily lows of 12°C, and 68% reduction in average rainfall overland. Planting dates were selected such that emergence would occur no later than 30 days after planting and maturity would occur no later than 241 days after planting. If non-food trade continues, then due to the reduced arable land in a nuclear winter, we would expect higher nitrogen available per hectare. Application of 100 kg/ha elemental nitrogen equivalent was modeled in all cropped areas to simulate the increase in available fertilizer per hectare of viable cropland in a nuclear winter assuming continued present-day fertilizer production. This equals the nitrogen application rate in India in 2017<sup>1</sup>. Yields were determined for maize, paddy rice, wheat, soybeans, barley, rapeseed, potatoes, sorghum, sugar beet, sunflower seed, and chickpeas, which account for 63% of cropland and approximately 80% of the caloric production in 2005.

Calculation of relocation yield improvements were determined using a crop simulation with and without the nuclear winter, using 2005 weather conditions. In the nuclear winter, the yield of the crop was estimated as the total production if planted uniformly over all current cropland, divided by the total area of all cropland. The crop rotation percentage for each crop was then multiplied by the yield of that crop if planted on all considered crop areas to determine total production of that crop. Double or triple cropping

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228 was not considered. The relative crop production determined by this method was then used as a reduction  
229 factor for 3 years after the onset of the nuclear winter. The nutritional content was assumed to remain  
230 constant for each crop after the nuclear winter.

231 Even with the full 100 kg/ha of nitrogen, the estimated reduction for the crops considered was  
232 approximately 6 percentage points higher than the estimate from Xia et al, which used an estimate of  
233 present-day nitrogen in its crop model. We expect nitrogen did not greatly increase yields because  
234 nitrogen stress is not a key limiting factor for yields in the nuclear winter, unless relocation is used to grow  
235 more appropriate crops for the climate conditions<sup>12</sup>. Other factors which may account for the difference  
236 include the lack of time-dependent temperature reductions in our crop model and our simplification of  
237 uniform climate alterations in the 150 Tg nuclear winter averaged over all land area in the tropics.

238 For the relocated case and for the limited crops considered, sugar beets and potatoes produced the most  
239 calories, rapeseed produced the most fat, and wheat produced the most protein, all per hectare. These  
240 four crops were considered “important” for relocation and prioritized in allocating relocated cropland.  
241 These crops make up approximately 22% of global food cropland area. Remaining crops considered were  
242 deemed “unimportant” for relocation (maize, paddy rice, soybeans, barley, sorghum, sunflower seed, and  
243 chickpeas). To model a successful deployment of relocated crops in the nuclear winter scenario, we  
244 estimated the increase in calories produced if there were a halving of planted area globally of the  
245 “unimportant” crops considered, and an increase in important crop area to make up for the reduced area  
246 of the unimportant crops for relocation. Wheat was increased from 17.5% of area to 20.7% of global food  
247 cropland area, rapeseed from 2.5% to 7% of global food cropland area, potatoes from 1.7% to 14% of  
248 global food cropland area, and sugar beet from 0.5% to 1% of global food cropland area. These increases  
249 were selected to balance increasing calories, fat and protein in proportion to our estimates of the  
250 approximate severity of their deficit in nuclear winter. Because the crop model attempted planting in all  
251 current global food cropland, many planted areas did not produce any yield. The alterations in crop area  
252 percentages due to this effect were not considered in the analysis. Furthermore, a lower bound for  
253 planting as a function of crop yield was not considered.

254 Detailed calculations are in the associated spreadsheet tab “Crop Model Results” in the Supplemental  
255 Data spreadsheet.

256 The varieties and types of relocated crops were very important in meeting fat and protein requirements.  
257 Protein from rapeseed meal was not included as a food, as more research as to the safety of consumption  
258 of rapeseed meal for human consumption needs to be performed<sup>13</sup>. Wheat was the largest contributor of  
259 protein per hectare in the relocated crop model, closely followed by soybean. However, soybean  
260 produced many fewer calories per hectare in the relocated case and was reduced to allow for other crops  
261 to be grown.

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## 263 **VIII. Details on Estimating Greenhouse Crops**

264 Yield improvements for greenhouse crops were estimated assuming yields are directly proportional to  
265 *growing degree days* (GDDs). Manaus (Brazil) was considered for being representative of tropical regions

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266 where most of the greenhouse crop production occurs. The base temperature was set to 7.2°C and 4.4°C  
267 for potatoes and wheat, respectively. To calculate the yearly GDDs, the base temperature was subtracted  
268 from the mean monthly average temperature, and the difference multiplied by 365.25 days. Altering the  
269 average 12.5°C on-land tropical reduction in the nuclear winter at the end of year 2 to an estimated 9.0°C  
270 reduction in greenhouses led to increases in yields of 36% and 51% for potatoes and wheat, respectively.  
271 Overall, we estimate greenhouses would have approximately the average of the two improvements, at  
272 144% of the non-greenhouse yield. This improvement was applied in addition to the estimated  
273 improvement in yield from cold tolerant crop rotations and improved nitrogen application for all  
274 greenhouse crops.

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## 276 IX. Food conservation solutions

277 The integrated food system model can simulate a wide range of food system adaptations to ensure food  
278 production during a nuclear winter.

### 279 Feed and biofuels delayed shut off

280 To account for the extremity of the nuclear winter, the simple adaptations of shutting off biofuels based  
281 on food crops after 6 months and human edible feed after 12 months in all countries were implemented.  
282 This was assumed to occur due to rapidly increasing prices of human edible food and thus a lack of  
283 economic viability for continued feed and biofuel usage.

### 284 Rationing

285 Without **rationing** enabled, only the first 12 months were allowed to optimize with stored food. If  
286 **rationing** was added to the scenario, stored food was allowed to be used in any of the 120 months to  
287 maximize the objective. No constraints on meat storage duration or storage capacity were assumed with  
288 **rationing** enabled.

### 289 Humans Prioritized

290 We assume that the speed of animal slaughter can only be improved by around 10% with **humans**  
291 **prioritized**, as meat processing is highly industrialized and cannot change its output quickly (non-industrial  
292 solutions may be feasible, but these are conservatively ignored). As animal populations decline, feed is  
293 redirected to human consumption.

294 The simplest way to reduce the feed consumption is to stop animal breeding for animals consuming  
295 human edible feed. If the **humans prioritized** adaptation is added to the scenario, breeding is halted for  
296 all animals except for milk producing animals, when the catastrophe occurs. Furthermore, feed and  
297 biofuels are always reduced to zero if they cause humans to go below 2,100 kcals in any month in the  
298 **humans prioritized** scenarios. This enforces the priority of survival of all humans over animals in this  
299 scenario.

### 300 Marine Fish

301 Marine fish catch could continue at a reduced rate during the nuclear winter<sup>14</sup>. Half of the current catch  
302 (mostly marine fish) was considered as a calorie source. The month-by-month global reduction in fish

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303 catch was applied to this caloric production in the nuclear winter. Aquaculture systems typically use  
304 human edible fish food, so it does not contribute net positive calories. The loss in calories from seafood  
305 fed with human edible food was not considered, as it contributes less than 1% of baseline crop caloric  
306 production.

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The authors declare no conflict of interest.